

To All NABS Interpreters

RE: Debriefing and Counselling.

Greetings to everyone.

We are writing to let you all know the details of the counselling/debriefing services that are available to all NABS interpreters.

The service available via Wesley Mission is through an organisation called Interlock Employee Assistance Program. This is an external service to Wesley Mission and will be made available to all interpreters who work for NABS on a freelance basis.

The particular aspect of Interlock's services that will be accessible to you is their Critical Incident Stress Management Service. The following applies:

- The service is available to assist individuals who have experienced a major traumatic incident, to process the emotional stresses generated by such incidents.
- Access to 2 sessions per interpreter per year. (If individuals require long term assistance they will be referred to appropriate service providers for assistance under their own private arrangements.)
- There is no charge to interpreters for access to this service through Wesley Mission Brisbane up to the limits specified.
- Your name or anything you discuss with your service provider is strictly confidential and cannot be revealed to any source or to any person(s) unless you give prior written authorisation.

If you require access to the service please advise the Coordinator of the NABS Call Centre in writing. This can be either by letter, email or fax. You will be contacted to discuss arrangements.

For further information on Interlock Employee Assistance Program and Australia wide locations please see www.interlock.org

In the next few weeks we will be posting this information on the NABS website in the interpreter area and installing a live link to Interlock's web site.

Regards,
Team @ NABS